WRE MIDDLE:

MW21E – course length 6km/5km – winning time 35 minutes. MW21B – course length 4,5km/3,5km.

-23

100CP RUN:

It is an individual race, where M21A have to come through 100 control points and W21A 70 control points. Duration of the race is equate to long distance race. At the start every contestant will receive a map in the size of A3. On one side there is a map in the scale 1:10 000 and on the other side there is a relief map in the scale of 1:5000. The course will be divided into three parts: first and third parts are depicted on the regular map and the second part on contour map. <u>Classes</u>: MW10NR, MW12, MW14, MW16, MW18, MW21A, MW21B, MW21C, MW35, MW40, MW45, MW50, MW55, MW60, M65 and open course.

IMI

TRIMTE)

The best in all classes will be rewarded!

Registration until May 30 / June 16 www.sk100.ee

WRE-middle & 100CP RUN

June 25-26, 2011 Apuparra, Kõrvemaa, ESTONIA



Time and Place:

Saturday, June 25 2011, beginning of starts 14:00. Sunday, June 26 2011, beginning of starts 13:00. The event center is located in the <u>Kõrvemaa Hiking and Ski Centre</u>, on the 32nd km of the Piibe Highway.



Terrain, map and courses:

Runnability varies from good fast runnable pine or finch forests to very badly runnable finch copses and blowdown. The terrain is fairly variable to very variable. Biggest height difference on one slope is approximately 20m. There are different young stands and forest areas with variable age, where service logging has been done on terrain. There are a lot of paths and rides, few bigger roads and Kõrvemaa ski runs. Many smaller paths and forest trails disappear. There are no old forest freightage roads on the map. Runnability on trails is mostly not any better than in the forest.





There are quite many trenches and trenchlines on the terrain. In bigger trenches, the control points are placed in pits. In case the pits are small or difficult to notice, control points are on the edge of the pit.

A trench on terrain and on the map:



A ternchline on terrain and on the map:



There are some red and white control points of Kõrvemaa Hiking and Ski Centre's stationary course.

An example is shown in the picture:



<u>Danger areas</u>: Bog lakes. Metal wire around competition centre, which is partly marked. In 100 CP Run terrain there can be some old metal wires.

Control description numbers are not shown on the map.

The original map is from 1997. Latest version from 2007.

http://www.orienteerumine.ee/kaart/kaartshow.php?Kood=2007060 .

Last corrections from 2011 – Markus Puusepp, Timmo Tammemäe.

WRE, Saturday June 25:

Map size is A4, scale 1:10 000. The maps are in plastic bags, which are open from one side.

100CP, Sunday June 26

Maps are printed using offset-method and in one free edge plastic bag.

MW16 and older classes:

The maps are in the size A3 and A4. On one side there is a map in the scale 1:10 000 and on the other side there is a contour map in the scale of 1:5000. The course will be divided into three parts: first and third part are depicted on the

regular map and the second part on the contour map.

- <u>Classes MW12 and MW14:</u> The track consists of 1 part, that is depicted on the regular map in the scale of 1:10 000. Map is in the size of A4.
- <u>Taped route (MW10NR)</u>: The race track consists of 1 part, that is depicted on the regular map in the scale of 1:5000. Map is in the size of A4.

WRE, Saturday June 25:						
Classes	Number of	Length	Climb	Winning	Control description	
	controls			time	size (mm)	
M21E	19	5,65 km	170m	30-35 min	144x48	
W21E	15	4,33 km	120m	30-35 min	120x48	
M21B	14	4,46 km			114x48	
W21B	11	3,33 km			96x48	

Course lengths:

100CP, Sunday June 26

Classes	Number of	Length	Start	Refre	shment	s (km)
	controls	(km)				
M10NR	6	1,3/2,3	Start3			
M12	19	2,79	Start2	0,9	1,9	
M14	25	3,19	Start2	1,0	2,2	
M16	42	5,63	Start2	2,2	3,5	
M18	60	7,43	Start1	1,5	4,0	5,5
M21A	100	13,87	Start1	4,0	9,2	11,0
M21B	65	8,59	Start1	2,7	5,3	6,9
M21C	42	5,63	Start2	2,2	3,5	
M35	78	10,23	Start1	3,1	6,2	7,7
M40	70	9,19	Start1	1,9	5,2	7,0

M45	70	9,19	Start1	1,9	5,2	7,0
M50	60	7,43	Start1	1,5	4,0	5,5
M55	50	6,42	Start2	1,6	3,5	
M60	42	5,37	Start2	1,1	3,1	
M65	42	5,37	Start2	1,1	3,1	

Classes	Number of controls	Length (km)	Start	Refre	shment	s (km)
W10NR	6	1,3/2,3	Start3			
W12	19	2,79	Start2	0,9	1,9	
W14	25	3,19	Start2	1,0	2,2	
W16	35	4,91	Start2	1,0	2,3	
W18	42	5,63	Start2	2,2	3,5	
W21A	70	9,00	Start1	1,8	5,1	6,4
W21B	45	5,60	Start2	1,3	2,9	
W21C	35	3,91	Start2	1,0	2,3	
W35	50	6,42	Start2	1,6	3,5	
W40	45	5,60	Start2	1,3	2,9	
W45	45	5,60	Start2	1,3	2,9	
W50	42	5,37	Start2	1,1	3,1	
W55	35	3,97	Start2	0,9	2,2	
W60	35	3,97	Start2	0,9	2,2	

Event organizing

- In all the classes competition is individual regular route-orienteering.
- Control descriptions are available at the start (exept 100CP MW10).
- The clothes will be transported to finish.

WRE, Saturday June 25:

WRE (World Rank Event) is a good opportunity to run gerat and high-level middle distance. This competition is also very good training for the 100 control points competition, which is held on the same terrain the next day. The following competitors will gualify for the MW21E class:

- The first 80 men and 50 women in the Estonian ranking as of June 1, 2011
- Anyone with WRE points as of June 1, 2011
- Special cases in accordance with the organizers.
- Distance to start 1,0km.
- All classes use number bibs. The number bibs will be in start.
- Toilets and water are in prestart area.
- Model map in prestart area.
- Start interval is 2 minutes.
- Pre-start 3 minutes.
- Competition maps will be given out at start moment. Maps will be on a table, right side up and covered with a blank paper.
- Start in M21E and W21E will be silent. Competitors must go to start on time themselves, no names will be called out. Organisers in start will sign silently if necessary.

- There is a map exchange on course for M21E and W21E competitors. The map for M21E and W21E is two-sided and the competitors must turn the map themselves at the exchange point.
- Control time 2 hours.

100CP, Sunday June 26

Distance to start: Start1 – 1,7km Start2 – 0,6km

- Start3 0,1km
- All classes use number bibs. The number bibs will be at the event centre.
- Forking will be used in classes M21A and W21A.
- Control descriptions are numbered in forking-classes.
- Toilets and water are in Start2 (on the way to Start1). There is no toilets and water in Start1.
- Start interval is 3 minutes.
- Pre-start 2 minutes.
- Maps for M21A ans W21A are on a stand, other classes' maps are in buckets.
- Control time 5 hours.

It is allowed to instruct competitors of taped course in the start. However, instructors are not allowed on the course with children. Organisers in taped course start will also help competitors if necessary.

On their way to the 100CP Run starts the competitors will go through a start gate where all the SI-cards and their numbers are registered. Also the SI-card(s) free space will be checked to ensure the competitor's SI-card has enough capacity to complete the race.

Open courses

WRE, Saturday June 25:

It is possible to complete the permanent track at Kõrvemaa Hiking and Ski Center, which opens for the first time ever. On open course competitors may visit the controls in any random order. The objective is to visit as many controls as possible during control time. The competitor who reached the most controls, or in the event of tie the competitor who finished earlier, shall be awarded the higher placing. It is possible to pass all controls (21) in 5,7 km. Control time is 2 hours.

There are no SI-stations on open course. Competitors will find a unique code in each control which they need to write on their map.

It is possible to start during 14:00 – 15:00 in the WRE-middle start.

To participate it is necessary to sign up on competition center and pay the participation fee 6.00 \in .

100CP Run, Sunday June 26

Competition is cross-country navigation, where competitors get a map with all controls, which may be visited in any order random order. The best is the one, who has most points. In the case of draw points, faster time wins. Control time is 2 hours and it is possible to start during 13:00 – 14:00 in the 100CP Start3. To participate it is necessary to sign up on competition center and pay the participation fee 6.00 \in .

Registration:

Until May 30 / June 16 through <u>https://osport.ee/</u>

Classes on WRE-middle	Until May 30	Until June 16
MW21E	7.00€	8.00€
MW21B	6.00€	7.00€

Classes on 100CP run	Until May 30	Until June 16
MW10NR, 12, 14	3.50 €	5.00 €
MW16, 18	5.50 €	7.00 €
MW21A	9.50 €	11.00 €
MW21BC, 35-55	8.50 €	10.00 €
MW60, M65	6.50 €	8.00 €

The entry fee and rent of SI-card(s) are paid on registration: MTÜ Spordiklubi 100

IBAN: EE112200221047956653, BIC: HABAEE2X (Swedbank)

Punching system:

SportIdent (SI).

In WRE-middle give the SI-card number or request to rent one with the registration. When signing up to100CP run, it is not necessary to register the personal SI-card number, only the wish to rent or not. Amount of the rental SI-cards versions 6 and 9 are limited.

100CP run competitors are responsible for making sure that they have the proper SIcards for the whole competition. Up to four SI-cards are allowed to use. The competitors, who fail to punch, because their SI-card memory is full, will be disqualified. All the SI-cards will be read out only after finishing at the event center. It is not allowed to use the same SI-card by more than one competitor.

If necessary, it is possible to rent SI-cards from organizers:

Version 6 – 3.00 €/card Version 9 – 2.50 €/card Version 5 – 2.00 €/card

Main types of SI-cards are:

Version	SI-card number	Number of punches	
5	until 499 999	30	
6	500 000 - 999 999 ja 16 711 680 - 16 777 215	192	
8	2 000 000 - 2 999 999	30	
9	1 000 000 - 1 999 999	50	

Event Center:



Additional information:

info[at]sk100.ee and http://sk100.ee/100kp

- SI-cards will be available in the secretariat. Competitors, who have not paid the registration fee or want to rent a SI-card, should consider a queue in the secretariat.
- Washing and catering in the Kõrvemaa Hiking and Ski Centre
- There will be a parking fee at the event centre 2.00 €/car. Parking at the 100CP run is free for the WRE-middle parking ticket holders.
- The best in all classes will be rewarded, prizes from NewBalance.
- WRE-middle competition gives Estonian Orienteering Federation and International Orienteering Federation (IOF) ranking points.
- 100CP RUN competition gives Estonian Orienteering Federation ranking points.

Accommodation:

- Kõrvemaa Hiking and Ski Centre (<u>http://www.korvemaa.ee/</u>) Tel: (+372) 520 1361 ; E-mail: <u>info@korvemaa.ee</u>
- Nelijärve Holiday Centre (<u>http://nelijarve.ee/</u>) Tel: (+372) 605 5940 ; E-mail: info@nelijarve.ee
- OÜ Jäneda Mansion (<u>http://janedaturism.ee/</u>) Tel: (+372) 384 9770 ; E-mail: <u>info@janedaturism.ee</u>
- More: <u>http://visitestonia.com</u>

Training possibilities:



Pikasaare 1:10000, h=2,5m (course: 100CP run 2010)



Jussi Järved 1:10000, h=2,5m (course: 100CP run 2008)



Viitna 1:10000, h=2,5m (course: 100CP run 2007)



Mustla-Nõmme 1:10000, h=2,5m (course: 100CP run 2006)



Kodasoo 1:10000, h=2,5m



Voose-Vetepere 1:10000, h=2,5m (course: Suvejooks 2011)

To get training maps please contact the organizers. Prize of the map is 3.00 \in .

Embargoed area:

It is forbidden to move on the Apuparra terrain until and on the day of the competition. The embargoed area is shown on the map:



Complaints and misunderstandings:

All complaints regarding this bulletin and those not regulated in the bulletin, also Athose coming up during the competition will be solved by the jury. The jury will take lead from this bulletin and current IOF- and EOF-competition rules.

Jury members: WRE-adviser Tarmo Klaar, competition main organizers and course planners Jaan Tarmak and Timmo Tammemäe, competitors Rein Rooni (OK Orvand) and Liis Johanson (OK Kobras).

Any protests must be given in not later than one hour after the cause of protest has taken place.

Organizers:

Sports Club 100 http://sk100.ee/

<u>WRE, Saturday June 25:</u> Main organizer: Jaan Tarmak, (+372) 5650 6678, <u>jaan[at]sk100.ee</u> Course planner: Timmo Tammemäe IT: Jaan Tarmak Commentator: Arthur Raichmann

<u>100CP, Sunday June 26</u> Main organizer: Timmo Tammemäe, (+372) 529 4233, <u>timmo[ät]sk100.ee</u> Course planner: Jaan Tarmak IT: Kristiina Ollema Commentator: Arthur Raichmann

Supporters:





Don't miss out the greatest o-experience of the year!

Tallinn O-Week 2012 18-23 June in Estonia

Mon, June 18 Evening competition in Tallinn Botanic Garden



Tue, June 19 Evening competition near Tallinn, in Vääna-Jõesuu

Wed, June 20 Estonian Sprint Cup in Tallinn, in Old Town

on in Tallinn Botanic Garden

etition near Tallinn, in Vääna-Jõesuu

rint Cup in Tallinn, Old Town

ina

http://ski00.ee/

SK

100

competition near Tallinn, in Keila-Joa

oose, 60km from Tallinn

newbalance

ose, 60km from Tallinn



Thu, June 21 Evening competition near Tallinn, in Keila-Joa



Fri &Sat, June 22-23 WRE-middle + 100CP RUN

in Voose, 60km from Tallinn

<u>100CP RUN:</u> An individual race, where the longest course has 100 control points. Duration of the race is equal to a long distance race. Classes MW 8-70.

Information and entries: http://sk100.ee/

